PRESS RELEASE

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OLYMPIC MEDICAL CENTER RECEIVES $375,000 CORPORATE GIFT FROM FIRST FEDERAL COMMUNITY DIVIDEND FUND

"Doing Good, Feels Good" Funds Will Enhance OMC's Digital Mammography Program

PORT ANGELES (May 20, 2009) – In a calculated effort to lower the occurrence of advanced breast cancer in Clallam and Jefferson Counties, First Federal awarded Olympic Medical Center $375,000 from the First Federal Community Dividend Fund.

"First Federal employees and its board recognize that having a healthy community means having accessible, state-of-the-art health care options," says Rhonda Curry, assistant administrator of strategic marketing and communications, Olympic Medical Center.

Olympic Medical Center, in partnership with the Olympic Medical Center Foundation, will use the funds to execute a three-tier program to reduce the number of severe breast cancer cases on the Olympic Peninsula. "This gift is a generous contribution towards digital mammography and breast health screening and education," explains Curry. "Through a partnership with the OMC Foundation, we can also use a portion of the funds to provide free mammography screenings to women in our community who need them."

Each year, First Federal allocates money from its Community Dividend Fund to programs that benefit the community. These programs must support one of three areas: housing, economic development and / or community development through capital projects. The capital purchase of digital mammography for Olympic Medical Center is estimated at more than $1.12 million dollars.

"We are thrilled here at First Federal that we can make such a great impact on breast cancer by providing funding for this project," says Kendra Waggoner, community development officer, First Federal.

"When caught early – normally through a regularly scheduled mammogram – there is a 95% recovery rate from breast cancer – but only 50 percent of women in Clallam County are getting their annual mammograms.

Women who are delaying their mammograms run the risk of breast cancer being diagnosed at a point when there is only a 50 percent chance of recovery," Waggoner adds. "Through the Community Dividend Fund our goal is to increase the percentage of women who get annual mammograms. Our Fund exists not only to help support our community through housing and economic development, but through capital initiatives that provide our community with services it needs to stay healthy."

For more information about First Federal's Community Dividend Program, visit www.doinggoodfeelsgood.com. To learn more about Olympic Medical Center, visit www.olympicmedical.org.

Olympic Medical Center is a comprehensive health care provider for more than 70,000 residents of Clallam County. It provides inpatient services at its 126-bed acute care facility, and outpatient services, including imaging, rehabilitation therapy, laboratory, home health and comprehensive cancer care services at locations throughout the region. For more information call 417-7000 or visit us at www.olympicmedical.org.

About First Federal

First Federal has been serving North Olympic Peninsula families and businesses for more than 85 years. A mutual organization, First Federal is the only locally owned and managed savings and loan institution on the peninsula. First Federal operates branches in Port Angeles, Forks, Sequim and Port Townsend. Member FDIC, Equal Housing Lender.

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